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| Lecturer: candidate of psychological sciences Husak V.M. | The discipline "Fundamentals of Psychology" has **an aim** to equip students with a system of basic theoretical knowledge’s of a general psychological character, to promote personal self-determination, the organization of the adequacy of self-esteem, the development of socially successful behavior in conditions of a modern society.**Task of the course:**- to master theoretical and practical knowledge in the area of psychology;- to form an aspire for introspection and self-awareness;- to develop the ability to understand emotions, feelings and motives of the behavior of people around;- to develop educational and cognitive abilities;- to activate the ability to make an informed choice and take responsibility for that;- to form the ability to think independently and constructively, to generate new ideas;- to teach how to react correctly in conflict situations and prevent their exacerbations;- to develop skills of constructive communication, collaboration; contribute to the formation of communication skills;- to develop psychological culture and personal maturity.The discipline envisage the study of the following **topics**: cognitive mental processes; age features of the ontogenesis; mental properties of personality; emotional and sensuous sphere of personality; psychology of communication and cooperation, group dynamics; gender and family psychology.The course includes a detailed **practical block**: psychodiagnostic methods , psychotechnics and training exercises that contribute to self-knowledge and better self-understanding of students, harmonization of self-esteem, interpersonal relationships in different spheres of the life, personal growth and self-development. | **Fundamentals of Psychology** |